

PILATES, CERTIFICATE

REQUIREMENTS

CERTIFICATE COURSE REQUIREMENTS

The Pilates certificate requires a minimum of 20 credits. Collette Stewart is the advisor for the Pilates certificate, stewart1@wisc.edu; interested students should contact her for an advising appointment.

Code	Title	Credits
DANCE 135	Pilates Mat I	1
DANCE 136	Pilates Equipment I	2
DANCE 235	Pilates Mat II	1
DANCE 236	Pilates Equipment II	2
DANCE 237	Pilates Studio I	3
DANCE 330	Functional Anatomy for Movement Practices	2
DANCE 337	Pilates Studio II	3
DANCE 375	Pilates Teaching Methods	1
DANCE 376	Pilates Teaching I	2
DANCE 476	Pilates Teaching II	3

UNDERGRADUATE/SPECIAL STUDENT CERTIFICATES

This certificate may be completed within the context of an undergraduate degree or as a Special student after an undergraduate degree has been awarded from any institution. The certificate may be completed in its entirety while enrolled as a Special student. Candidates are encouraged to contact the certificate coordinator to discuss course enrollment and the sequencing of certificate requirements.