

# INFANT, EARLY CHILDHOOD AND FAMILY MENTAL HEALTH, CAPSTONE CERTIFICATE

The UW–Madison Capstone Certificate in Infant, Early Childhood and Family Mental Health is an interdisciplinary one-year academic program for practicing professionals who work with families in the prenatal and postpartum periods and with children ages birth through five years. Following a cohort model, enrolled participants will be provided with three days of class instruction each month as well as small group and individualized opportunities to reflect upon and integrate program content into their professional work experiences. These experiences will contribute to an increased knowledge base and skills in providing appropriate screening, assessment, diagnostic and therapeutic intervention services to support the mental health of infants, young children, and their families.

This program is designed for:

- Licensed mental health and health care professionals\* in clinical psychology, counseling psychology, school psychology, social work, marriage and family therapy, nursing, psychiatry, pediatrics, or family medicine.
- Professionals from the fields of early childhood education, child development, family studies, occupational therapy, physical therapy, social work, or speech and language therapy. This includes those who provide direct services to young children and their families in Home Visiting, Birth to 3, Early Childhood Special Education, Early Head Start, Head Start, Childcare, and Child Protective Services programs who have a minimum of a bachelor's degree.

\* Participation in this capstone certificate program fulfills a prerequisite for mental health professionals who are interested in applying to the Wisconsin Child-Parent Psychotherapy (CPP) Learning Collaborative. (<https://ifmh.psychiatry.wisc.edu/continuing-education-opportunities/>)

Students will have the opportunity to acquire the knowledge and competencies to pursue endorsement as an infant family specialist, infant mental health specialist, or infant mental health mentor through the Wisconsin Alliance for Infant Mental Health (WI-AIMH) (<http://wiaimh.org/>).

Courses for the Capstone Certificate Program meet three days a month during the academic year. [Click here for the schedule.](http://infantfamilymentalhealth.psychiatry.wisc.edu/?page_id=14) ([http://infantfamilymentalhealth.psychiatry.wisc.edu/?page\\_id=14](http://infantfamilymentalhealth.psychiatry.wisc.edu/?page_id=14))

Please visit the website (<http://infantfamilymentalhealth.psychiatry.wisc.edu>) for additional information, and contact Sarah Strong, LCSW, at [sstrong@wisc.edu](mailto:sstrong@wisc.edu) with questions.