

INFANT, EARLY CHILDHOOD AND FAMILY MENTAL HEALTH, CAPSTONE CERTIFICATE

LEARNING OUTCOMES

1. Apply concepts of parent, infant, and early childhood mental health informed by developmental, neuroscience, and attachment research to support the social and emotional development and well-being of young children in the context of their family or caregiver relationships.
2. With a focus on parent-child early relationships, provide appropriate screening, assessment, diagnostic, and referral services for infants, young children, and families.
3. Provide therapeutic interventions and mental health consultation to families and professionals to reduce the impact of early-life trauma, loss, and disturbances before they become more serious disorders.
4. Use reflective practice and mindfulness strategies to support you and those you support in your work.